

About Jayne L. Garrett...

PROFESSIONAL CERTIFIED COACH
AUTHOR~~SPEAKER~~FACILITATOR



Jayne L. Garrett, PCC (Professional Certified Coach) is an author, speaker, and nationally known executive coach, certified by the International Coach Federation (ICF). For over 15 years as a speaker, facilitator, trainer and coach, Jayne has worked with executives in 19 different industries, around the nation, Canada, Europe and Asia in both the business and non-profit arenas. Dubbing herself a *Recovering Serious Person™*, in 2002 Jayne founded The Lighter Side of Life, LLC with a vision of *Bringing lightness to life through the spoken and written word®*. Her writing and speaking topics reflect her lighthearted spirit. Jayne's published work includes the *Celebrate YOU® Series* of booklets titled *Know your ZOWN™ & Make It Your Own* and *Making A Difference No Matter Who You Are* as well as two humorous books titled *Adventures In Lighthearted Living: A Baby Boomer's Reflections On Getting Older* and *Adventures In Menopause: A Lighthearted Guide to Surviving the MenoMonsters™*. Jayne is a graduate of the Women's Leadership America Class of 2002, a 2004 Athena Business Award finalist and active in local professional and charitable organizations.

Jayne will present "*ChangeWorks!®—A Professional Development Workshop*" on Thursday afternoon, July 29, at the Independent College Advancement Associates' Summer Conference at Sawmill Creek Resort and Conference Center. The ICAA special price for this add-on workshop is \$28 per person. The *ChangeWorks!®* is an instrument that individuals can use to determine how prepared they are for change. The \$28 fee covers the cost of completing the *ChangeWorks!®* pre-conference inventory. This is a 15-minute online confidential survey, relevant to work activities, which needs to be completed by July 7, 2010 in order to participate in the workshop.

Upon registering for this add-on workshop, Jayne Garrett will contact you directly by e-mail to share pre-conference materials with you, as well as, explain the workshop. Jayne L. Garrett, PCC, may be contacted by phone: 210.490.6106 or email: jayne@jaynegarrett.com. Her Web page is www.jaynegarrett.com and her mailing address is P.O. Box 160565, San Antonio, TX 78280.

We look forward to seeing you there!

Instructions will be sent to you via email about completing the survey. Personal profiles will then be distributed during the session on July 29.